

How to dye rice with food colouring

You'll have hours of fun playing with brightly coloured rice at home. We'll guide you through simple steps to create coloured rice using things that you'll have in your pantry. You can also use the Rangoli templates below to create artworks with the rice.

Ingredients:

- White rice
 - Food dye
 - Vinegar
 - Containers with lids
 - Teaspoon
 - Measuring cups
-

Step 1: Measure one cup of rice and add it to the container.

Step 2: Next add one teaspoon of vinegar.

Step 3: Time to add the food dye. The more colour you add, the brighter the colour will be. You can even mix your own colours before you add them to your rice. Red and blue makes purple, blue and yellow makes green, red and yellow makes orange. Try it out – mixing colors is fun!

Step 4: Now put the lid on your container and shake the rice for a minute or two. Try and do a little dance while you shake the container – just make sure the lid is on properly. After all that shaking, check to see if the rice is evenly coated with the food colouring.

Step 5: Open the lid and spread the coloured rice evenly on a paper towel or a tray. The rice needs to be fully dry and placing the rice in a warm spot at home makes it dry faster.

Step 6: When the rice is dry, it's time to have more fun! You can now create colourful artworks like Rangoli, or you can use the rice for sensory play. Make sure to store your coloured rice in dry containers with lids, so that they can last for a long time.

Create Rangoli artworks with your coloured rice

When your rice is dry, you can use them to create artworks using these Rangoli templates. You can put some glue on the patterns and stick the rice on top to create your own designs.





